



DEPARTMENT OF THE ARMY
264th MEDICAL BATTALION, 32d MEDICAL BRIGADE
U. S. ARMY MEDICAL DEPARTMENT CENTER AND SCHOOL
2108 9TH STREET SUITE 105 BLDG 1385
FORT SAM HOUSTON, TEXAS 78234-5105

REPLY TO
ATTENTION OF

MCCS-AD

13 July 2007

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: Prior Service (PS) physical training (PT) incentive policy.

1. General. In an effort to reward and encourage high levels of physical fitness in our seasoned Soldier population, the PS PT incentive policy is established. Under this program, those PS Soldiers whose Army Physical Fitness Test (APFT) scores exceed the established standard will be allowed to conduct PT on their own. The intent of this program is to foster an environment whereby those who have a commitment to physical fitness excellence can train unencumbered by those who require direct supervision or focused Drill Sergeant motivation.

2. Overview. Subordinate companies will conduct the APFT within their established company policies. Those PS Soldiers who attain a cumulative score of 260 or above will be allowed to conduct PT on their own. The tertiary effects will be to increase the overall PS student APFT class average scores and lengthen the window of opportunity for morning personal hygiene for those residing in Bldg 2264 on Ft. Sam Houston, TX. Additionally, those authorized to conduct PT on their own will be able to utilize Jimmy Brought Physical Fitness Center. The authorized uniform will remain the Individual Physical Fitness Uniform and seasonal accessories. This program will neither interfere with nor supersede the Modern Army Combatives Program.

3. Program Requirement:

a. Battalion Operations:

- (1) Provide program oversight and provide assistance on an as requested basis.

b. Subordinate Companies

- (1) Inform all incoming PS Soldiers during in-processing of the incentive policy and prominently post in Bldg 2264.
- (2) Administer the APFT in accordance with established company policy and identify those who have exceeded the 260 point standard.
- (3) Maintain individual Soldier accountability and submit daily status report to the battalion S-1 no later than 0930.
- (4) APFT Score will be validated through a re-test each 60 days. Those who fail to retain the score of 260 or above will be removed from the program and immediately begin company level PT.

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4. The point of contact for this action is CPT Teters (BN Operations Officer) at 210-221-3774 or darren.teters@amedd.army.mil



WILLIAM P. ARCHANCE
LTC, MS
Commanding

DISTRIBUTION:

A Co, 264th Medical Battalion
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